

GOOD SOURCE FOODS®

Dark Chocolate Ancient Grain Clusters



Healthy Snacks that Taste Good

Get Healthy. Stay Healthy. Enjoy Life.

Only Highest Quality Ingredients

- ✓ Made with only the highest quality, all natural ingredients (non GMO, Fair Trade, Gluten Free, plant-based)
- ✓ Low sugar, low calorie snacks with a crunch that satisfies
- ✓ Heart Healthy Dark Chocolate -- filled with Omega 3 & Omega 6 Oils
- ✓ Perfectly balanced with protein, fiber and carbs



All Natural



GLUTEN FREE



Dark Chocolate Ancient Grain Clusters



Only Highest Quality Ingredients



RETAILS

SIZE: 2.5oz (70g)

CASE PACK: 6

UNIT DIM: 0.75"×5.5"×7.75"

CASE DIM: 5.375"×10.5"×7.5"

CASE WT: 1lb

SRP: \$5.99

SHELF LIFE: 1 Year

QUINOA CRUNCH

SIMPLY SEEDS

HEMP HEARTS

Nutrition Facts

2.5 servings per container
Serving size 6 Pieces (28g)

Amount per serving		
Calories	120	
% Daily Value*		
Total Fat 7g		9%
Saturated Fat 3.5g		18%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 0mg		0%
Total Carbohydrate 17g		6%
Dietary Fiber 2g		7%
Total Sugars 6g		
Includes 4g Added Sugars		8%
Protein 2g		
Vitamin D 0mcg		0%
Calcium 36mg		2%
Iron 2mg		10%
Potassium 96mg		2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DARK CHOCOLATE (CHOCOLATE LIQUOR, SUGAR, COCOA BUTTER, PURE VANILLA), GRAIN BLEND (SORGHUM FLOUR, RICE FLOUR, WHOLE OAT FLOUR, QUINOA FLOUR), DRIED BLUEBERRIES (APPLE JUICE CONCENTRATE, SUNFLOWER OIL), FLAXSEED OIL, OLIVE OIL.

Nutrition Facts

2.5 servings per container
Serving size 6 Pieces (28g)

Amount per serving		
Calories	150	
% Daily Value*		
Total Fat 11g		14%
Saturated Fat 4g		20%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 40mg		2%
Total Carbohydrate 12g		4%
Dietary Fiber 2g		7%
Total Sugars 4g		
Includes 4g Added Sugars		8%
Protein 4g		
Vitamin D 0mcg		0%
Calcium 24mg		2%
Iron 2mg		10%
Potassium 138mg		2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DARK CHOCOLATE (CHOCOLATE LIQUOR, SUGAR, COCOA BUTTER, PURE VANILLA), GRAIN BLEND (SORGHUM FLOUR, RICE FLOUR, WHOLE OAT FLOUR, QUINOA FLOUR), SUNFLOWER SEEDS (SUNFLOWER OIL, SALT), PUMPKIN SEEDS (SUNFLOWER OIL, SALT), FLAXSEED OIL, OLIVE OIL, CHIA SEEDS.

Nutrition Facts

2.5 servings per container
Serving size 6 Pieces (28g)

Amount per serving		
Calories	130	
% Daily Value*		
Total Fat 8g		10%
Saturated Fat 3.5g		18%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 0mg		0%
Total Carbohydrate 15g		5%
Dietary Fiber 2g		7%
Total Sugars 6g		
Includes 4g Added Sugars		8%
Protein 3g		
Vitamin D 0mcg		0%
Calcium 31mg		2%
Iron 2mg		10%
Potassium 111mg		2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DARK CHOCOLATE (CHOCOLATE LIQUOR, SUGAR, COCOA BUTTER, PURE VANILLA), GRAIN BLEND (SORGHUM FLOUR, RICE FLOUR, WHOLE OAT FLOUR, QUINOA FLOUR), SHELLED HEMP SEEDS, DRIED CRANBERRIES (APPLE JUICE CONCENTRATE, SUNFLOWER OIL), FLAXSEED OIL, OLIVE OIL.



WHO ARE WE?

Our mission is to help you live a healthy and happy life. Healthy starts with eating all-natural whole foods whenever possible. Happy starts with low sugar snacks that taste good.

Our Philosophy

At Good Source Foods we care about the health and well-being of all people. We are concerned by the global obesity epidemic that is threatening generations of children and young adults with life-long health problems

**Get Healthy.
Stay Healthy.
Enjoy Life.**